Name of Program: WEST INDIES STUDY ABROAD PROGRAM

Name of Program Director(s): CYNTORIA JOHNSON

Location(s) of Program: TRINIDAD & TOBAGO

Dates of Program: MAY 14 - JUNE 4, 2015

Program Description:

The West Indies Study Abroad Program 2015 will take place in the twin-island nation of Trinidad & Tobago. Students will spend three weeks studying on the tropical islands and should expect considerable changes in climate, diet, and living conditions. During the summer, the days can be extremely hot with temperatures reaching 100 degrees. Rain showers occur frequently. Air conditioning is uncommon, and students should not expect to have air conditioned lodging accommodations. Students are encouraged to stay hydrated with bottled water.

Students should expect their diet to change and should prepare to be flexible in this area. Food options may vary, and the cuisine in the Caribbean can be very spicy. Vegetarians, in particular, should be aware that obtaining meals without meat or dairy products can be difficult.

During this study tour, there will be lots of walking (generally 2 miles per day). We will spend one day hiking through a trail of steep and wet terrain to view a natural waterfall. Students must be able to swim as we will be visiting beaches, coral reefs, and natural waterfalls. Participants should be able to climb several flights of stairs because elevators are not always available. Throughout the program, students will travel by airplane, boat, and bus/van. Participants should anticipate traveling on both paved and unpaved (bumpy and curvy) roads with no air conditioning. Mosquitoes are very common in the region so please prepare. Living abroad can sometimes create physical and emotional stress. Students should discuss health concerns, preventive options and pertinent vaccinations with their doctor to be cleared to participate in this program.