Study Abroad Health Questionnaire

Name of Director(s): Héctor Fernández L’Hoeste
Name of Program: Study Abroad in Mexico City

Location(s) of Program: Mexico City, Mexico
Dates of Program: March 10, 2017-March 19, 2017

Setting:
- ✔️ Urban
- □ Rural

Average Walking Distance (Miles Per Day)
- 2-4 miles

Exposures:
- ✔️ Altitude
- □ Animals
- □ Sun
- □ Humanitarian Aid
- □ Patients/Medical Care
- □ Motion Sickness Trigger
- ✔️ Other (Specify Below)

Housing:
- ✔️ Hotel
- □ Home Stay
- □ Hostel
- □ Dorm
- □ Other (Please Specify Below)

Necessary Abilities:
- ✔️ Climbing
- □ Carrying Luggage
- □ Swimming
- □ Biking
- ✔️ Hiking/Long-Distance Walking
- □ Other (Specify Below)

Water (the effects of Mexico City’s hard water are well known) and street food (students are disencouraged from trying street food, but they always do it)

We’ll walk up and down the pyramids, which may pose a challenge to anyone in poor physical shape.

For information on vaccination and medication, please read over the [CDC country page](https://www.cdc.gov) for the countries to be visited during this program. Please list any indicated vaccinations or medication needed for travelers:
Medication to deal with potential diarrhea or dehydration may come in handy, but it’s all available and cheaper at the local drugstores.